

## **TIPS**



## Making the simple decision to have a Bright Future



84 % of college students use a designated driver. You are NOT ALONE when you make this simple decision.

DESIGNATE your sober driver BEFORE your group begins to drink.

Take ONE CAR and agree ahead of time what time everyone will go home.

PAY ATTENTION to the sober driver and don't let them feel left out during the party.

If you aren't the sober driver GIVE your KEYS to them BEFORE you start drinking.

If you are the SOBER DRIVER make sure you consume NO ALCOHOL AT ALL. Alcohol impairment starts early.

If you are the SOBER DRIVER and someone offers you a drink, simply say "No thanks, I'm driving."

Be prepared to HANDLE A FRIEND that insists they are okay to drive themselves home. AGREE as a group AHEAD OF TIME how you will handle this.

If you are hosting a party, be sure to provide FREE NON-ALCOHOLIC beverages for sober drivers.

The drinking AGE in Connecticut is 21. If you are under 21 with alcohol, you're breaking the law.

## Buzzed Driving = Drunk Driving

For more information on Bright Future events, classes, and partnership, email PDStartTeam@uconn.edu.